# Relações entre Migração Internacional e Saúde: Uma Análise do Caso Colombiano International Migration and Health: an analysis of the Colombian case

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#### Introduction

- Health differentials have been found for migrants in relation to natives in receiving countries (Abraído-Lanza, 1999; Palloni & Arias, 2004) as well as in relation to natives in origin countries (Marmot et al., 1984)
- Two main hypothesis to explain differentials:
  - Healthy Migrant Hypothesis: Healthy individuals are more likely to migrate (positive selectivity for investment returns) (Palloni & Arias, 2004)
  - Salmon Bias Hypothesis: Unhealthy migrants engage in return migration to die at home (Abraído-Lanza, 1999; Turra & Elo, 2008)
- Access to healthcare in receiving country may affect likelihood of return (Diaz et al., 2016) and health selectivity (Jasso et al., 2004)
- Gap in literature: studies have focused mainly upon only one destination country.
   Lack of comparative studies analyzing different reception contexts and healthcare systems
- Why Colombia?
  - Second Latin-American country in absolute number of international migrants (about 10% of the total population)
  - Lack of studies on the international migration-health relationship despite socioeconomic significance of migration
  - Rich database with valuable information on both migration and health in Colombia

# **Objectives**

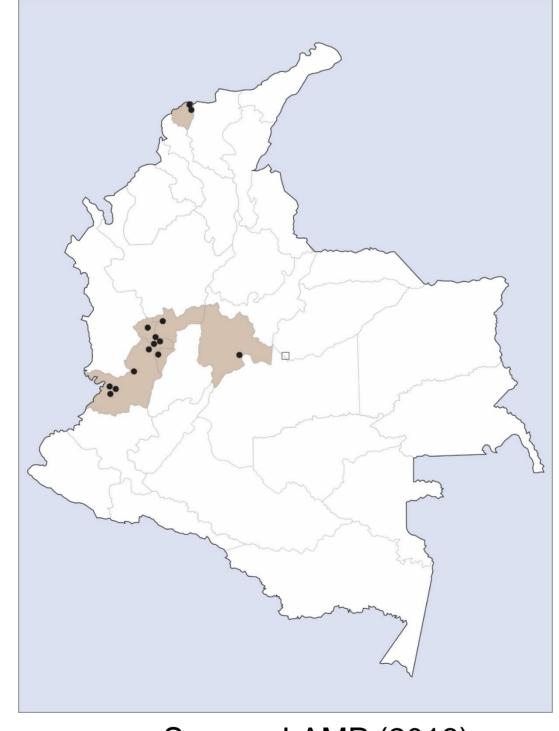
- Analysis of the relationship between international migration and health of Colombians through two analytical frameworks and reception contexts:
  - Healthy Migrant Hypothesis
  - Salmon Bias Hypothesis:
    - USA and Spain
- Focus groups: natives in origin country, emigrants and returnees

#### Data

- Latin American Migration Project (LAMP) –
   OPR (Princeton University) and Universidad de Guadalajara
- Data collection instrument: Ethnosurvey combination of ethnographic and sociological techniques with conventional sampling methods
- Retrospective data collected in Colombia, the U.S. and Spain:
  - Migration history
  - Sociodemographic characteristics
- Health indicators throughout the life-cycle

Groups	Health status at 14	Health before migration	Health after migration	Health previous year	Current health status
Natives	✓			✓	✓
Emigrants	<b>√</b>	✓		<b>√</b>	<b>✓</b>
Returnees	<b>√</b>	✓	<b>√</b>	<b>√</b>	✓

 Historical series (2008-2015) with 14 communities across the country



Source: LAMP (2018)
https://lamp.opr.princeton.edu/colombia/col-home-en.htm

#### Methods

# 1. Healthy Migrant Hypothesis:

- Dependent variable:
  - Migration status
- 2. Independent variables:
  - Health status at the age of 14
  - Health status before migration
  - Time lag: Age at migration 14 (years)

### 2. Salmon Bias Hypothesis:

- Dependent variables:
- Self-reported health status
- Chronic diseases
- 2. Independent variables:
  - Emigrant vs. Returnee
  - Destination country
  - Time of residence in destination country
  - Interactive term: time x destination country
- 3. Oaxaca-Binder decomposition in order to measure the effect of context

# **Preliminary Results**

Healthy Migrant Hypothesis:

#### Natives in origin country (N = 4327)

Health Status at	С			
age 14	Otherwise	(%)	Very Good	(%)
Otherwise	482	28.64	1201	71.36
Very Good	684	25.87	1960	74.13

# Migrants (Returnees and Emigrants) (N = 459)

Health	Current Health Status				Relative
Status at age 14	Otherwise	(%)	Very Good	(%)	Risk
Otherwise	17	27.0	46	73.0	1.02
Very Good	65	16.4	331	83.6	1.13

Source: LAMP database - calculations by the authors

 Higher relative risk (1.13) for migrants in relation to natives in country of origin of reporting a very good current health status if they also had a very good health status at the age of 14 – suggesting some sort of selection

## **Concluding remarks**

 Preliminary results suggest some evidence in favor of the healthy migrant hypothesis. Further work is still needed to conclusively evaluate both hypotheses and whether the reception context has a differentiated effect on the results.

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